



भारतीय विमानपत्तन प्राधिकरण
AIRPORTS AUTHORITY OF INDIA

AIRPORT SPORTS CONTROL BOARD KOLKATA

President
Atul Dikshit
Airport Director

Vice-President
Harbir Singh
General Manager (HR)

Secretary
O. P. Tiwari
Sr. Supdt(FS)SG

Treasurer
N. C. PANDA
MAY (F & A)

Ref.AAI/ASCB/KOL/2018/TREKKING EXP/ 69

Date ...05-09-18

To
The Member (HR) & President
AAISCB, AAI, Rajiv Gandhi Bhavan
Safdarjung Airport, New Delhi.

The Executive Director & President
SPB (CHQ), AAI Rajiv Gandhi Bhavan
Safdarjung Airport, New Delhi.

The Regional Executive Director & President, RSCB
Airports Authority of India
Eastern/Northern/North-Eastern/Western/Southern
Kolkata / New Delhi/ Guwahati/ Mumbai/Chennai

The Airport Director & President, ASCB
Airports Authority of India
Chennai

The Principal & President, SPB (CATC)
Airports Authority of India
C.A.T.C., Allahabad.

Sub: AAI All India Trekking Expedition 2018 to Gocha-La in Sikkim, in the Eastern Himalayas, from 25.10.2018 to 06.11.2018 (in Three Groups)

Sir,

It is to inform that as per decision taken in AAISCB Annual Meeting for the year 2018-19 held at CHQ and minutes circulated vide No. AAI/SCB/AM/2018 dated 11/04/2018, Airport Sports Control Board, Kolkata Airport is organizing **AAI All India Trekking Expedition 2018 to Gocha-La in Sikkim**, in the Eastern Himalayas, from 25.10.2018 to 06.11.2018 (in Three Groups).

Goecha La is a high mountain pass in the Eastern Himalaya range. Trek to Goecha La, located in Sikkim, starts from Yuksom, the ancient capital of Sikkim, and the pinnacle, Goecha-La View Point, is at 15,000 Ft. (aprox.)

Contd - 2



भारतीय विमानपत्तन प्राधिकरण
AIRPORTS AUTHORITY OF INDIA

AIRPORT SPORTS CONTROL BOARD KOLKATA

President
Atul Dikshit
Airport Director

Vice-President
Harbir Singh
General Manager (HR)

Secretary
O. P. Tiwari
Sr. Supdt(FS)SG

Treasurer
N. C. PANDA
Mgt (F & A)

Ref.

- 2 -

Date

This is a High Altitude Trekking Expedition, which comes under moderate to difficult terrain. Thus sound health, physical fitness, stamina & endurance are the prerequisite for the participants of this Trek.

Keeping in view the above terrain situation, it is requested that all the RSCBs and ASCBs should exercise extreme care in selecting physically fit candidates and ensure that:

- Candidate's BMI Level should be less than 30.
- Candidate aged more than 50 Years should have prior High Altitude Trekking experience.

General Fitness and medical conditions of the participants will be checked at the Yuksom Base camp during acclimatization program. Unfit candidates will not be permitted to proceed further and may be relieved immediately from the expedition.

Allocation of seats to RSCBs/ASCBs/SPBs is in accordance with the AAISCB CHQ Letter No AAI/SCB/AM/2018 dated 11/04/2018 i.e. 15 each from RSCB N R/WR; 11 each from RSCB SR/ER/NER; 09 each from ASCB Chennai/Kolkata; 08 from SPB-CHQ, and 06 from SPB - CATC.

Entry Fee: - **Rs. 1500/-**(Rupees One Thousand Five Hundred only) per participant. All the Sports Boards are requested to collect the fee and remit the same by online transfer to the ASCB- Kolkata Airport Bank Account on or before **25.09.2018**. (Individual participant need not deposit any fee directly to ASCB Kolkata Account).

All the RSCBs / ASCBs / SPBs are requested to forward the final nominations according to the seat allocation chart, along with, duly filled up, Application form, Medical Record, Medical

Handwritten signature

Contd.-3



भारतीय विमानपत्तन प्राधिकरण
AIRPORTS AUTHORITY OF INDIA

AIRPORT SPORTS CONTROL BOARD KOLKATA

President
Atul Dikshit
Airport Director

Vice-President
Harbir Singh
General Manager (HR)

Secretary
O. P. Tiwari
Sr. Supdt(FS)SG

Treasurer
N.C. PANDA
Mgr (F & A)

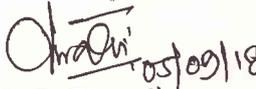
- 3 -

Ref.

Date

Certificate, Disclaimer & Declaration etc., through proper channel to the Secretary, ASCB – Kolkata Airport by **20.09.2018**. Scanned copy of the same may be forwarded by email to ascbkolkatatrek@gmail.com. The Track suit and T-shirt size may also be mentioned in the list of participants.

Yours faithfully


(O. P. Tiwari)

Secretary
ASCB – Kolkata Airport

Encl :

- Application cum Willingness Form,
- Personal Medical Record Form
- Disclaimer & Declaration
- Medical Certificate
- Trek write-up

Copy to:

The Secretary, AAISCB, AAI, Rajiv Gandhi Bhavan, New Delhi.
The Secretary, RSCB - ER/NR/NER/WR/SR, ASCB-Chennai, SPB-CHQ/CATC.
The General Secretary, AAEU, New Delhi

Internal:

GM (HR) / VP, ASCB, NSCBIA, Kolkata

PA to APD - for information please.

Jt. GM (IT), Kolkata, - with a request to upload this letter in AAI Website.