

Airports Authority of India

Press Release

Ministry of Civil Aviation in association with AAI organises an event on International Yoga Day

New Delhi, 21st June, 2023: Ministry of Civil Aviation in association with AAI organised an event on 9th International Yoga Day at Rajiv Gandhi Bhavan, New Delhi. The event was started with lighting of lamp by Shri Jyotiraditya M. Scindia, Hon'ble Union Minister of Civil Aviation in the presence of senior officials of BCAS, DGCA, MoCA and AAI. The early morning event witnessed the participation from a large number of officers and employees of the Ministry of Civil Aviation, Airports Authority of India (AAI) and other attached Departments and Offices. Common Yoga Protocol practices were demonstrated by a Yog Guru and her team from Morarji Desai National Institute of Yoga (MDNIY) at the event.

Yoga adds discipline to our life that ultimately helps in betterment of our health and living. Its origin lies in the history of India (pre-Vedic period) and practicing Yoga harmonises both mind and body. The United Nations General Assembly took a historic decision in 2014 to declare 21st June as the International Day of Yoga (IDY). This worldwide acceptance of Yoga is a matter of pride for our country, as Yoga is an integral part of our nation's cultural and spiritual heritage.

This year, the theme for International Yoga Day 2023 is 'Yoga for Vasudhaiva Kutumbakam,' effectively encapsulating our collective aspiration for 'One Earth, One Family, and One Future.'

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